

ALEXE ANNE BERNIER

EDUCATIONAL BACKGROUND

Degrees and Diplomas

- 2016 Master of Social Work (MSW), International and Community Development,
University of Calgary
- 2014 Bachelor of Science (BSc), Psychology, University of Calgary
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CURRENT STATUS

- 2020 – Present PhD Candidate, School of Social Work, McMaster University
- 2021 – Present Interdisciplinary Graduate Diploma in Gender Studies and Social Justice
Research
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PROFESSIONAL ORGANIZATIONS

- 2020 – 2022 Early Career Scholars Committee Member, International Girls Studies
Association
- 2019 – 2022 Member, International Girls Studies Association
- 2016 – 2020 Registered Social Worker, Alberta College of Social Workers
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EMPLOYMENT HISTORY

Academic

- 2022 – 2023 Teaching Assistant, McMaster University
*Social Work 2A06: Theory, Process, and Communication Skills for Social
Work*
- 2021 – 2022 Research Assistant, McMaster University
*Wading Through the Weeds: A Public Health Response to Supporting
Pregnant and Breast/Chestfeeding People who Consume Cannabis.*
Principal Investigator: Dr. Saara Greene
- 2020 – 2022 Research Assistant, World Health Organization
*Technical Advisory Group: Good Participatory Practices for Emerging
Pathogens Research*
Principal Investigator: Dr. Lisa Schwartz
- 2022 Teaching Assistant, McMaster University
Social Work 3F03: Social Work with Groups
- 2021 Teaching Assistant, McMaster University
Social Work 3E03: Individual Practice Across the Lifespan (Fall)
- 2021 Teaching Assistant, McMaster University
Social Work 3E03: Individual Practice Across the Lifespan (Winter)
- 2020 Teaching Assistant, McMaster University
Social Work 3C03: Social Aspects of Health and Illness
- 2015 Teaching Assistant, University of Calgary

2015 *Social Work 201: Introduction to Social Work (Summer)*
Teaching Assistant, University of Calgary
Social Work 201: Introduction to Social Work (Spring)

Consultations

2022 – 2023 Course Reviewer, *An Introduction and Practical Guide to Community Engagement and Involvement in Global Health Research*. [Online Course]. National Institute of Health Research (NIHR), United Kingdom.
<https://globalhealthtrainingcentre.tghn.org/introduction-and-practical-guide-cei-health-research/>

Other

2024 – Present Research Coordinator
Project: Cohort of AdoLescents and Youth with Multiple Mental Health Conditions: A Master Observational Trial
McMaster Children’s Hospital, Hamilton Health Sciences, Hamilton, Ontario

2023 – 2024 Community-Engaged Research Graduate Student Intern
Project: Development of Centre[4] Arts + Research Centre[3] for Artistic + Social Practice, Hamilton, Ontario

2016 – 2020 Girls Leadership Program Manager
Women’s Centre of Calgary, Calgary Alberta

2015 – 2016 Constituency Assistant
Legislative Assembly of Alberta, Calgary Alberta

2014 – 2016 Domestic Violence Counsellor
YWCA Sheriff King Home, Calgary Alberta

2013 – 2014 Youth Worker, Capitol Hill/U12
Woods Homes, Calgary, Alberta

SCHOLARLY AND PROFESSIONAL ACTIVITIES

Journal Referee

2022 *Canadian Journal of Children’s Rights/Revue Canadienne des droits des enfats*
1 review

2021 *Girlhood Studies: An Interdisciplinary Journal*
2 reviews

AREAS OF INTEREST

Arts-Informed Research, Citizenship Studies, Community-Based Research, Community Development, Community Social Work, Girlhood Studies, Feminist Theory, Critical Youth Studies, Inclusive Research, Social Movements, Social Justice

COURSES TAUGHT

Undergraduate

- 2024 Sessional Instructor, Social Work 3F03: Social Work with Groups. [In-Person], 75 students, Faculty of Social Sciences: McMaster University.
- 2023 Sessional Instructor, Social Work 3D06: General Social Work I. [In-Person], 16 students, Faculty of Social Sciences: McMaster University.
- 2023 Sessional Instructor, Social Work 3DD6: Field Practicum I. [In-Person], 16 students, Faculty of Social Sciences: McMaster University.
- 2023 Sessional Instructor*, Social Work 3F03: Social Work with Groups. [In-Person], 75 students, Faculty of Social Sciences: McMaster University.

**taught the last 50% of the course to cover a leave*

Other

Invited Lectures

- 2024 Guest Lecturer, Social Work 1BB3: Re-Imagining Help: Introduction to Social Work II, March 27, 2024: “Rethinking Girlhood, Supporting Girls,” [Virtual], 150 students, Faculty of Social Sciences: McMaster University.
- 2023 Guest Lecturer, Social Work 4ZZ3: Social Welfare: Practice Implications and Policy, March 16, 2023: “An Intersectional Feminist Approach to Popular Education: Building Skills for Advocacy and Activism,” [In-Person], 75 students, Faculty of Social Sciences: McMaster University
- 2023 Guest Lecturer, Gender Studies 1AA3: Gender, Feminism, and Social Justice, February 7, 2023: “Constructing Girlhood” [In-Person], 190 Students, Faculty of Humanities: McMaster University.
- 2022 Guest Lecturer, Social Work 4G03: Gender-Based and Sexual Violence: Practices and Theories, October 27, 2022: “Supporting Girl’s Action Against Gender Based Violence” [In-Person], 50 Students, Faculty of Social Sciences: McMaster University.
- 2022 Guest Lecturer, Social Work 773: Doctoral Seminar, November 10, 2022: “Selecting a Doctoral Committee,” [In-Person], 5 Students, Faculty of Social Sciences: McMaster University.
- 2022 Guest Lecturer, Social Sciences 701: Community Based Research, March 16, 2022: “Participatory Data Generation and Analysis in ‘Wading through the Weeds,’” [Virtual], 20 students, Faculty of Social Sciences: McMaster University. Co-lecturers: Rochelle Maurice and Gabrielle Griffith.
- 2021 Guest Lecturer, Social Work 4ZZ3: Social Welfare: Practice Implications and Policy, November 16, 2021: “An Intersectional Feminist Approach to Popular Education: Building Skills for Advocacy and Activism,” [Virtual], 75 students, Faculty of Social Sciences: McMaster University
- 2021 Guest Lecturer, Social Work 3E03: Individual Practice Across the Lifespan, October 7, 2021: “Feminist Theory in Social Work Practice,” [Virtual], 70 students, Faculty of Social Sciences: McMaster University

2020 Guest Lecturer, Social Work 3C03: Social Aspects of Health and Illness,
November 5, 2020: “The Status of Girls’ Mental Health in Canada”, [Virtual], 54
students, Faculty of Social Sciences: McMaster University

SUPERVISORSHIPS

Professional

January 2020 – May 2020	Field Supervisor: BSW Placement, University of Victoria Women’s Centre of Calgary, Connect with Others
January 2019 – May 2019	Field Supervisor: Social Work Diploma Placement, Mount Royal University Women’s Centre of Calgary, Connect with Others
September 2018 – December 2018	Field Supervisor: BSW Placement, University of Calgary Women’s Centre of Calgary, Connect with Others
April 2018 – August 2018	Field Supervisor: BSW Placement, Thompson Rivers University Women’s Centre of Calgary, Connect with Others
September 2017 – December 2017	Field Supervisor: BSW Placement, University of Calgary Women’s Centre of Calgary, Connect With Others

SCHOLARSHIPS

2022 – 2025	SSHRC Doctoral Scholarship
2020	Ontario Graduate Scholarship
2015	Lorne and Pat Gordon/YWCA of Calgary Graduate Scholarship
2014	Alberta Graduate Scholarship
2009	Alexander Rutherford Scholarship
2009	Jason Lang Scholarship

LIFETIME PUBLICATIONS

Peer Reviewed

Journal Articles

Greene, S., Vaccaro, M., **Bernier, A.**, Griffith, G., Ion, A., Maurice, R., Gabel, C. & Blake, M.
(2023). “Digging in”: Stigma and surveillance in the lives of pregnant, breastfeeding
mothers who consume cannabis. *Critical Public Health*.

<https://doi.org/10.1080/09581596.2023.2262739>

Davies, A., Ormel, I., **Bernier, A.**, Harris, E., Mumba, B., Gobat, N., Schwartz, L. & Cheah,
P.K. (In press). A rapid review of community engagement and informed consent
processes for adaptive platform trials and alternative design trials for public health
emergencies. *Wellcome Open Research*.

<https://doi.org/10.12688/2Fwellcomeopenres.19318.1>

Winstanley, S. & **Bernier, A.** (2022). “Who were you?”: Temporality and intergenerational empathy in community girlhood studies. *Girlhood Studies: An Interdisciplinary Journal*, 15(3), 35-51. <http://dx.doi.org/10.3167/ghs.2022.150305>

Bernier, A., & Winstanley, S. (2021). “Speak with girls, not for them.” Supporting girls’ action against rape culture. *Girlhood Studies* 14(1), 19-31. <http://dx.doi.org/10.3167/ghs.2021.140104>

Not Peer Reviewed

Journal Articles

Bernier, A. (2023, May 22). *Girls are in crisis – and their mental health needs to be taken seriously*. The Conversation. <https://theconversation.com/girls-are-in-crisis-and-their-mental-health-needs-to-be-taken-seriously-205177>

Bernier, A., Blake, M., Fudge Schormans, A., Hunt, R., Hutton, S., Infusino, P., McCormick, D. & Sattaur, F. (2021). COVID-19 at the intersections of “social work,” “woman” and “disability:” Kitchen tables, advocacy and activism. *Social Dialogues* 24, p. 8. https://socialdialogue.online/sd24/08_article.html

Book Chapters

Bernier, A. (Accepted). *Social work with girls: Forging a new path*. In Zaborskis, M (Ed.). Routledge Reader of Gender and Childhood. Routledge Press.

Bernier, A. & Winstanley, S. (In press). “*Speak with girls, not for them*”: *Supporting girls’ action against rape culture*. In Vanner, C (Ed.) *Girls Act Out: Activism Networks By, For, and With Girls and Young Women*. Berghahn Books.

Other

Bernier, A. (2024, March 7). *Analysis: Girls are the leaders of today, not just the future*. McMaster University: Brighter World.

<https://brighterworld.mcmaster.ca/articles/analysis-alexe-bernier-girls-are-the-leaders-of-today-not-just-the-future/>

Paton, C., **Bernier, A.**, Sinding, C., Maxwell, C., Sproule, S., & Sas van der Linden, L. (2024). *Art and Research Partnership Agreement Template* (Version 2). Zenodo.

<https://doi.org/10.5281/zenodo.10651134>

Paton, C., **Bernier, A.**, Evering, D., Sinding, C., Maxwell, C., Sproule, S., & Sas van der Linden, L. (2024). *Art and Research Data Management Plan Template* (Version 2). Zenodo.

<https://doi.org/10.5281/zenodo.10651058>

Paton, C., **Bernier, A.**, Sinding, C., Maxwell, C., Sproule, S., & Sas van der Linden, L. (2024). *Ethical Guidelines for Art and Research Projects*. Zenodo.

<https://doi.org/10.5281/zenodo.10654574>

Gobat, N., Esser, S., Lydon, P., Riveros Balta, X., Henao Restrepo, A.M., Schwartz, L., Davies, A., **Bernier, A.**, Buhmann, A., Canas, E., Cheah, P.K., Howard, J., Lees, S., Marshall, J., Moluneaux, S., Mumba, N., Murthy, S., Nouvet, E., Salaam, Z. & Thome, B. (2021, August). *Good Participatory Practice (GPP) with trial populations for the Solidarity Trial Vaccines (STV): An international randomised trial of candidate vaccines against*

COVID-19. World Health Organization, Geneva: CH.

https://cdn.who.int/media/docs/default-source/blue-print/stv-gpp-handbook-v1.1-eng.pdf?sfvrsn=a992db52_7&download=true

Gobat, N., Esser, S., Lydon, P., Riveros Balta, X., Henao Restrepo, A.M., Schwartz, L., Davies, A., **Bernier, A.**, Buhrmann, A., Canas, E., Cheah, P.K., Howard, J., Lees, S., Marshall, J., Moluneaux, S., Mumba, N., Murthy, S., Nouvet, E., Salaam, Z. & Thome, B. (2021, August). *Solidarity Trial Vaccines (STV) crisis communication planning guide*. World Health Organization, Geneva: CH. https://cdn.who.int/media/docs/default-source/blue-print/stv-crisis-comms-handbook-eng-web-v1.pdf?sfvrsn=bfcd1cb_9

Bernier, A. (2019). *Girls Lead: A Toolkit for Supporting Girls' Leadership and Activism*.

Women's Centre of Calgary. Calgary: AB. Retrieved from

<https://www.womenscentrecalgary.org/wp-content/uploads/2020/03/Girls-Lead-YYC-1.pdf>

Knowledge Exchange

Television/Live Interviews

New University Television. (2019, November 7). *Femme Wave: Calgary's only feminist arts festival*. [Sharing information about Femme Wave Arts Society and the importance of social-justice oriented arts spaces]. New University Television, Calgary, AB.

Global News Calgary. (2019, February 14). *Breakfast television: Girls Lead YYC*. [Sharing information about the new girls leadership program at the Women's Centre for girls in grades 10–12]. Global News Morning Calgary, Calgary, AB.

Print Interviews

H. Pike. (2018, May 25). *There's no one-size-fits-all when it comes to school dress codes, public board boss says*. [Discussing gendered implications of school dress code policies for school-aged girls]. StarMetro Calgary, Calgary, AB.

Online Media

World Health Organization. (2021). *Solidarity Trial Vaccines: Good Participatory Practice*. [Online Training Modules]. World Health Organization Health Security Learning Platform in the Context of the IHR.

<https://extranet.who.int/hslp/training/course/index.php?categoryid=69>

Bernier A. (2020). *Girls Lead: A Toolkit for Supporting Girls' Leadership and Activism*

Webinar. Retrieved from <https://youtu.be/6CLMRZvGBD4>

Artistic Contributions

2022 "Taking girls activism as serious participation practice." Competition Finalist: McMaster University GradFlix Competition. <https://youtu.be/63t00WSjfOQ>

PRESENTATIONS AT MEETINGS

Peer Reviewed

Bernier, A. (2023, May 29). *Centering the tween girl citizen: Challenging constructed innocence and frivolity to honour tween girls' activism*. Women's and Gender Studies et Recherches

Féministes Annual Conference. Annual Congress of the Federation for the Humanities and Social Sciences. York University, Toronto.

Bernier, A. (2023, March 11). *Tween girls' activism: Challenging notions of the frivolous, carefree tween and honoring the tween girl citizen*. Panel: Glocal Perspectives on Youth Activism, Citizenship and Cultural Identity. Intersections | Cross-Sections Graduate Student Conference 2023: "Becoming You(th)," Toronto Metropolitan University, Toronto.

Not Peer Reviewed

Bernier, A. (2024, April 26). *Young girls creating change: An arts-based participatory study*. Gender Studies and Social Justice Research Student Colloquium, McMaster University.

Invited

Bernier, A. (2021, August). *Building Community in a Doctoral Program*. Doctoral Student Orientation, School of Social Work, McMaster University: Hamilton, ON.

Bernier, A. (2020, March). *Girls Lead Toolkit Presentation*. International Women's Day: The Word From Girls, Calgary, Canada

Bernier, A. (2019, August). *Training volunteer mentors to support young women's community participation*. Youth Mentorship Program Training. Calgary Immigrant Women's Association, Calgary, AB.

Bernier, A. (2019, April). *Standing behind a girl-volution: Supporting girl activists to make meaningful social change*. Workshop accepted but not presented at the Alberta College of Social Workers Conference, Calgary, AB.

Bernier, A., Millar, G. (2019, January). *Tools for supporting youth activists*. Centre for Sexuality Staff Training Workshop. Centre for Sexuality, Calgary, AB.

Bernier, A. (2018, August). *Training volunteer mentors to support young women's community participation*. Youth Mentorship Program Training. Calgary Immigrant Women's Association, Calgary, AB.

Bernier, A. (2017). *Girl power: Girls as community builders*. Community Development Learning Initiative: The Big Meet Up, Calgary, AB.

Contributed

Bernier, A., Sanford, A., Barth, A., Glieson, A. (2015, April). *How allies working in the field of domestic violence experience hope*. Research presentation for Social Work 627: Social Work with Organizations and Communities. University of Calgary, Calgary, AB.

ADMINISTRATIVE RESPONSIBILITIES

Department

2022 Committee Member: Annual Gender Studies and Social Justice Research Colloquium
Gender Studies and Social Justice Program, McMaster University

University

2022 – Present Committee Member (elected)
Board-Senate Hearing Panel for Discrimination, Harassment, and Sexual
Violence

OTHER RESPONSIBILITIES

2021 – 2023 Director, Board of Directors (elected)
Girls Action Foundation/Fondation Filles d'Action

2019-2020 Board Chair, Board of Directors (elected)
Femme Wave Arts Society (elected)

2018-2019 Director, Board of Directors, Femme Wave Arts Society (elected)